Magic Bus
Driving change in India’s poorest villages and slum settlements

A unique programme where local community leaders use sports and activity based modules to deliver vital learning to other children, changing their lives along the way.

Location: India
Organisation: Magic Bus
Start-end date: 1999 – ongoing
Target group: Children (ages 7-15) and youth (ages 16-25)
Reach: Over 250,000 children to date
Partners: Individual donors, corporations, foundations and events such as fundraisers and galas
Key facts: 77% of Magic Bus children attend school more than five days a week and 9 out of 10 of Magic Bus children are first-generation learners getting into higher education or jobs.

For inspiration: www.magicbus.org
Summary

Magic Bus enables some of the world's poorest families to move out of poverty. Through the use of a mentoring model and a sport-based curriculum, it engages children and ensures that they make the right choices so that they have a constructive journey from childhood all the way through towards better and dignified livelihoods as adults. To achieve this vision, Magic Bus works in the areas of education, health, gender, leadership, livelihood, right to play and socio-emotional learning. A child's journey with Magic Bus begins at age 7 and continues till the age of 18, when the child moves into the world of livelihood. Through the journey, information is shared, attitudes are questioned and engaged with and perspective is built. As a result, when children have gone through a decade-long journey with the organisation, they emerge as confident, competent young people with greater control and choice in their lives.

Keys to success

Activity based curriculum
The Activity Based Curriculum (ABC) is a unique model that uses games and sport to make change. The curriculum comprises 40 sessions per year – each with a lesson – and teaches children about education, gender, health and key issues affecting them through playing sport. The games excel in building physical, social and personal skills, and the children learn to rethink several attitudes and behaviour related to gender difference. Each session also contains specific metaphors that encourage children to think in a focused manner on a particular area – either education or health or livelihood. The curriculum is divided into three structured modules that correlate to each of the development stages of childhood, from middle childhood through to young adulthood, to address the specific skills required by each age group.

Leaders from and for the community
Young people from the communities in which Magic Bus is active are trained over an extended period of time to emerge as able Community Youth Leaders. They function then as Mentors for children in the community, with whom they conduct the weekly sessions from the ABC. As Mentors they become enablers of learning not only during sessions, but also as role models for children across the community. As a result, children emerge as adults who have more control and choice in their lives, and who contribute confidently and constructively to a better society. The young people who mentor them move into respectable livelihoods, continuing to function as role models in their communities.
**Sport for All objectives**

**Provide equal access to sport**
The programme is specifically targeted at India's poorest villages and slum settlements to support children and their families moving out of poverty. Breaking existing gender-based stereotypes is a major goal of the programme and, after participation, 96% of Magic Bus children believe that every child, regardless of gender, should get the opportunity to play.

**Improve public health and well-being**
Participation in the Magic Bus programme equips children with the necessary information to make positive changes in their health and hygiene habits. The main mission of the programme is to engage children in sport and teach valuable life lessons through play.

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**How is the programme communicated?**
Magic Bus works with both mainstream and regional media organisations in India and abroad to mobilise supporters, donors and volunteers to be part of the cause. It also organises an annual conference for practitioners and policymakers to come together around topics such as using sport for development and peace. In addition, Magic Bus uses a variety of PR tools including relationship building strategies, press releases and press conferences, to make sure the media is aware of Magic Bus's activities. Finally, Magic Bus manages an active online presence via its Facebook, Twitter, LinkedIn and Google Plus accounts and the programme's blog and dedicated website.

**How is the programme evaluated?**
Rigorous monitoring and evaluation mechanisms are integral to all Magic Bus's activities. A baseline study is conducted at the start of the programme, followed by monitoring the children's progress throughout the programme through annual surveys with random samples of children, youth and parents to gauge progress. For community youth leaders, employability, activities in the communities and what youth are doing in leadership roles are tracked.

"Magic Bus gives the children a lot of fun while they’re learning — that’s the best scenario for knowledge transfer."

Pratik Kumar – CEO – Magic Bus
Join the sporting society!
Globally, 1 in 4 adults is not active enough and more than 80% of the world’s adolescent population is insufficiently physically active (World Health Organization). Let’s reverse the trend and get moving.

Promote sport and physical activity
Recent changes in leisure and work practices, diet and a host of other trends has led to an increasingly sedentary lifestyle amongst the world’s population. Sport for all programmes aim to promote sport and physical activity to mitigate the negative effects associated with these developments.

Improve public health and well-being
Sport and physical activity plays an important role in making societies healthier, happier and safer into the future. Successful sport for all projects help to stimulate these common benefits across entire communities.

Support active societies
Active societies involve many stakeholders such as parents, coaches, schools, local clubs, sports organisations, event organisers and grassroots activities, to name but a few. They can all be hugely influential in promoting healthier lifestyles within a community. Programmes that support and reinforce their efforts are vital for the encouragement and promotion of active societies around the world.

Provide equal access to sport
Every member within a community should have equal opportunity to live an active and healthy lifestyle. Effective grassroots programmes place a heavy emphasis on ensuring that all of their participants can enjoy this opportunity regardless of physical condition, race, gender, social conditions, geographical location or otherwise.

Foster Olympic legacy
The Olympic Games provide a source of inspiration and a vibrant expression of the Olympic values of excellence, friendship and respect. This unique power can energise communities to develop projects enabling and inspiring people to become and stay physically active into the future.

Become a key player in your community
A useful platform has been designed for organisations across the Olympic Movement that are managing Sport for All programmes, providing them with the knowledge, understanding and tools needed to improve existing programmes worldwide, as well as to create new ones.

Get inspired by more than 45 projects around the world
Learn more about best practices with our toolkit
Create your project based on proven academic research and experience of organisations
Share your experience and lead the way to inspire more projects
Connect with a vast network fueled by inspired partners

Find more information
Sports and Active Society Programmes
A Guide to Implementation
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