

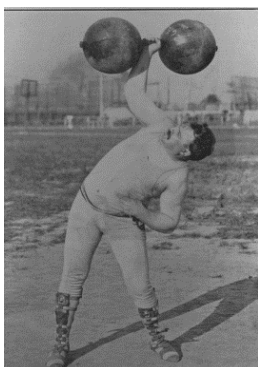


## WEIGHTLIFTING

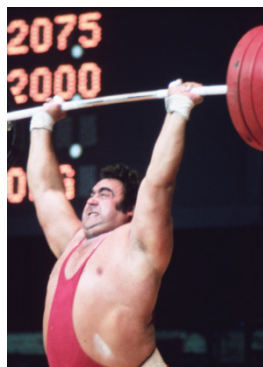
### History of Weightlifting at the Olympic Games

19.10.2017

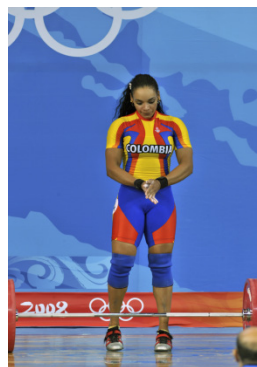
## > WEIGHTLIFTING



Saint Louis 1904  
Weightlifting (M)



Montreal 1976  
Weightlifting (M)



Beijing 2008  
Weightlifting (W)



London 2012  
Weightlifting (M)

### INTRODUCTION

Weightlifting was on the programme of the Games of the I Olympiad in Athens in 1896, (included in the gymnastics programme). The sport was not staged at the Games in Paris in 1900, but was re-included for the Games in St Louis in 1904 (in the athletics programme), then disappeared again in 1908 and 1912. Since the Games of the VII Olympiad in Antwerp in 1920, it has been on the programme of each edition. Women's weightlifting made its debut on the Olympic programme at the Games of the XXVII Olympiad in Sydney in 2000.

### KEY STAGES

Entry	<p>1894: The programme of the Games in Athens in 1896 was voted on at a meeting of the Hellenic Committee which was held in November at the Zappeion in Athens. "Lifting weight" was on the gymnastics programme.</p> <p>1924: At the 23<sup>rd</sup> IOC Session held in Paris in June and July, the IOC drew up a list of obligatory and optional sports. Weights and weightlifting were kept on the Olympic programme.</p>
Women's inclusion	<p>1996: At the meeting of the IOC Executive Board in November in Cancun, it was decided to include women's weightlifting on the Olympic programme.</p>
Gender equality	<p>2017: At the Executive Board meeting in June in Lausanne, it was decided to reduce the number of men's events in order to have an equal number of events per gender.</p>

EVOLUTION IN THE NUMBER OF EVENTS

1896-1904: 2 events (men's)

1920-1936: 5 events (men's)

1948: 6 events (men's)

1952-1968: 7 events (men's)

1972-1976: 9 events (men's)

1980-1996: 10 events (men's)

2000-2016: 15 events (8 men's, 7 women's)

2020: 14 events (7 men's, 7 women's)

[Find out more about weightlifting](#)

## > EVENTS PER GAMES EDITION

<b>WEIGHTLIFTING MEN</b>	<b>1896</b>	<b>1900</b>	<b>1904</b>	<b>1908</b>	<b>1912</b>	<b>1920</b>	<b>1924</b>	<b>1928</b>	<b>1932</b>	<b>1936</b>	<b>1948</b>	<b>1952</b>	<b>1956</b>	<b>1960</b>	<b>1964</b>	<b>1968</b>	<b>1972</b>	<b>1976</b>	<b>1980</b>	<b>1984</b>	<b>1988</b>	<b>1992</b>	<b>1996</b>	<b>2000</b>	<b>2004</b>	<b>2008</b>	<b>2012</b>	<b>2016</b>	<b>2020</b>	<b>TOTAL</b>
Heavyweight-one hand lift	■																													<b>1</b>
All-around Dumbbell contest			■																											<b>1</b>
Heavyweight-two hand lift	■		■																											<b>2</b>
52kg																														<b>6</b>
54kg																								■						<b>1</b>
56kg																														<b>17</b>
59kg																								■						<b>1</b>
60kg																														<b>17</b>
62kg																														<b>5</b>
64kg																									■					<b>1</b>
67.5kg																														<b>17</b>
69kg																														<b>5</b>
70kg																														<b>1</b>
75kg																														<b>17</b>
76kg																														<b>1</b>
77kg																														<b>5</b>
82.5kg																														<b>17</b>
+82.5kg																														<b>6</b>



WEIGHTLIFTING History of Weightlifting at the Olympic Games

**WEIGHTLIFTING**

<b>WOMEN</b>	1896	1900	1904	1908	1912	1920	1924	1928	1932	1936	1948	1952	1956	1960	1964	1968	1972	1976	1980	1984	1988	1992	1996	2000	2004	2008	2012	2016	2020	<b>TOTAL</b>	
48kg																														6	
53kg																															6
58kg																															6
63kg																															6
69kg																															6
75kg																															6
+75kg																															6
<b>Number of events</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>6</b>	

<b>TOTAL</b>	1896	1900	1904	1908	1912	1920	1924	1928	1932	1936	1948	1952	1956	1960	1964	1968	1972	1976	1980	1984	1988	1992	1996	2000	2004	2008	2012	2016	2020	<b>TOTAL</b>
<b>Number of events</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>9</b>	<b>9</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>15</b>	<b>15</b>	<b>15</b>	<b>15</b>	<b>15</b>	<b>14</b>	<b>26</b>

Column "Total" on the right = number of times on the programme

## > CREDITS

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