

**7th IOC International Athletes' Forum – Recommendations
8-10 October 2015, Lausanne**

KEY OUTCOMES

1. As stated in Olympic Agenda 2020, Athletes' Commissions are a fundamental part of all Olympic Movement institutions. The active support of the various stakeholders (IFs, NOCs, OCOGs, Continental Associations, IPC, WADA, CAS, etc.) is vital to the success of these Athletes' Commissions.
2. All parts of the Olympic Movement have a shared focus and responsibility on supporting athletes through services, engagement and support programmes.
3. The support framework for athletes covers all areas on and off the field of play, 365 days a year, with a key focus on the athlete experience at the Olympic Games.

| Recommendation 1: Support to Stakeholders |
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| The IOC to help its stakeholders to be effective through: |
| a. ASOIF, AIOWF and IFs directly to implement <i>the IOC Guidelines Related to the Creation of an Athletes' Commission within an IF</i> . |
| b. ANOC and NOCs directly to implement the <i>IOC Guidelines Related to the Creation of an Athletes' Commission within an NOC</i> . |
| c. IF Athletes' Commissions, by establishing their fundamental role in the review and approval of sports calendars and rule changes within each sport. |
| d. Establishing guidelines related to the structure, roles and responsibilities of candidate cities and OCOG Athletes' Commissions, including the respective NOC Athletes' Commission integration. |
| Recommendation 2: Support to Athletes |
| The IOC to directly support athletes through: |
| a. Athlete engagement and support programmes, by ensuring they are integrated into the Olympic Channel (including the Olympic Athletes' Hub) to ensure a centralised approach to maximise promotion and the impact of all existing and emerging programmes. |
| b. Clear and ambitious goals for all athlete engagement and support programmes, including the Olympic Athletes' Hub, Athlete Learning Gateway and Athlete Career Programme. |
| c. Olympic Solidarity, by: <ul style="list-style-type: none"> • Providing funding for bi-annual Continental Athletes' Forums, supported by a framework to assist Continental Athletes' Commissions in the running of their Forums, developed by the IOC Athletes' Commission. • Helping fund various programmes and integrating dedicated budgets for the IOC Athlete Career Programme in the next quadrennial. • Encouraging education for athletes, e.g. by including athlete-related topics in all Olympic Solidarity Seminars. |
| d. The development of education materials on all issues of athlete welfare, including non-discrimination, prevention of harassment and abuse in sport and issues related to post-career transition. |

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| Recommendation 3: Athlete Games-time Experience |
| The IOC Athletes' Commission to focus on the athlete Games-time experience to include: |
| a. Reviewing the planning for athlete experience in the opening and closing ceremonies, following OCOG consultation with its own Athletes' Commission. |
| b. Re-assessing the implementation of Olympic Charter Rules 40 and 50 and re-evaluating the NOC athlete support scheme following the Olympic Games Rio de Janeiro 2016. |
| c. Specialist support and promotion for the IOC Athletes' Commission to accomplish its role as the first consultant for the athletes. |
| Recommendation 4: CAS |
| In order to reinforce safeguarding the interest of athletes, CAS to set up initiatives for assisting, developing and teaching athletes arbitrators. |
| Recommendation 5: The IOC International Athletes' Forum |
| The IOC International Athletes' Forum to be as effective as possible through: |
| a. Continuing to include a day of practical meetings for additional learnings and the sharing of best practices. |
| b. Ensuring every session focuses primarily on engagement with and between participants. |
| c. Using all opportunities to continue the dialogue and exchange between participants following the Forum. |